

Christina A. Nicolaides

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Department of Psychology
University of California
900 University Avenue
Riverside, CA 92521

Phone: 407.312.5050
Email: cnico002@ucr.edu

Education

University of California, Riverside
August 2012-Present
M.A. 2014
Ph.D., expected 2017
Advisor: Elizabeth Davis, Ph.D.

University of North Florida
Bachelor of Science with Honors in Psychology major and concentration
in Child Psychology
GPA 3.96
Graduated Summa Cum Laude

Honors and Awards

Best Poster Presentation at the 2016 UC Riverside Undergraduate Symposium,
awarded to the undergraduate research assistant, Angie Truong, that I
mentored

Honorable Mention for the National Graduate Research Fellowships Program
from the National Science Foundation (2013)

Best poster award at Society of Southeastern Social Psychologists (2010)

Superlative Student Award for Students Transforming Academic Research
Symposium (2010)

Strong, Smart, and Bold Volunteer Award from Girls Inc. of Jacksonville (2010)

Outstanding Mentor of the Year from Jacksonville Jaguars Mentoring Foundation
(2009)

Chapters

Gauvain, M., & **Nicolaidis, C.** (2015). Cognition in childhood across cultures. Chapter to appear in L. Jensen (Ed.) *The Oxford Handbook of Development and Culture Across the Lifespan*. New York: Oxford University Press.

Talks

Shih, E. W., Bishara, L., Parsafar, P., **Nicolaidis, C.**, Sillars, A., Nekkanti, A., Price, J., Witcher, L., & Davis, E. L. (February 2016) The Effects of Mindfulness Meditation on Youth's Socioemotional Functioning and Psychophysiology. Symposium presented at the 2016 Annual Meeting of UC San Diego School of Medicine's Bridging the Hearts and Minds of Youth, San Diego, CA.

Presentations

Nicolaidis, C. & Davis, E. L. (2016). "Parents' Emotion Socialization and Children's Relational Aggression Interact to Predict Boys' and Girls' Prosocial Behavior." Poster to be presented at the 2016 American Psychological Science conference, Chicago, IL.

Nekkanti A., Parsafar P., Shih E, Sillars A, **Nicolaidis C.**, Bishara L, Witcher L, Broom N, Tools for Peace, Davis EL. Mindfulness improves youths' emotional awareness by increasing emotion regulation. Poster session presented at: 28th Annual Association for Psychological Science Convention; 2016 May 26-29; Chicago, IL.

Nekkanti A, Parsafar P, **Nicolaidis C.**, Shih E, Sillars A, Bishara L, Witcher L, Price J, Broom N, Tools for Peace, Davis EL. Mindfulness meditation training increases cognitive control and emotion regulation and decreases school avoidance for youth. Poster session presented at: 96th Annual Western Psychological Association Convention; 2016 Apr 28 – May 1; Long Beach, CA.

Truong, A., **Nicolaidis, C.**, & Davis, E. (2016). "Get Back Out There! Children's Participation in Sports and Parent Emotion Socialization." Poster presented at the 2016 UC Riverside Undergraduate Symposium, Riverside, CA.

Nekkanti A, Parsafar P, Shih E, Sillars A, **Nicolaidis C.**, Bishara L, Witcher L, Broom N, Tools for Peace, Davis EL. Mindfulness meditation training at a

summer camp improves youths' stress management and coping self-efficacy. Poster session presented at: Bridging the Hearts and Minds of Youth Conference; 2016 Feb 26-28; San Diego, CA.

Nicolaides, C. & Davis, E. L. (2015). "What's the Trick to Being Helpful? Child Strategy Use and Parent Socialization of Problem-Solving Predicts Child Prosociality." Poster presented at the 2015 Biennial Society for Research in Child Development conference, Philadelphia, PA.

Nicolaides, C. & Gauvain, M. (2014). "The Family Context and Child Socioemotional Competence in Early Childhood During Parental Military Deployment." Poster presented at the 26th annual American Psychological Science conference, San Francisco, CA.

Jamal-Oroczo, N., Leung, T., & **Nicolaides, C. (2014).** "Young Children's Coping with a Parent's Military Deployment." Poster presented at the 2014 UC Riverside Undergraduate Symposium, Riverside, CA.

Nicolaides, C. & Gauvain, M. (2014). "Planning to Play: Parent-Child Planning for Non-School Activity and Child Classroom Planning." Poster presented at the 19th Biennial meeting of the Society for Research in Human Development, Austin, Texas.

Valente, M., **Nicolaides, C., & Leone, C. (2010).** "Friends or Enemies?: Effects of Thought, Schemas, and Need for Structure on Attitude Polarization." Poster presented at the 32nd Society of Southeastern Social Psychologists conference, Charleston, South Carolina.

Nicolaides, C., Valente, M., & Leone, C. (2010). "Friends or Enemies?: a Closer Investigation of Effects of Thought, Schemas, and Need for Structure on Attitude Polarization." Poster presented at the 2nd Students Transforming Academic Research Symposium, Jacksonville, Florida.

Internships

Nemours BrightStart! Research and Evaluation Team (April 2011- December 2011). Nemours BrightStart! is an early intervention program that exists to ensure children at risk for reading delays begin school at the same level as their more advantaged peers. Research focused on emergent writing in prekindergarten children at risk for reading failure and impact of an early literacy intervention.

Girls Inc. of Jacksonville, Kindergarten and Second grade GIRLStart Literacy Program (2010- 2011). I interned, then worked for this nonprofit to empower girls to be strong, smart, and bold through delivering research-based, age appropriate programs. I collaborated with a local

gardener to grow our Smarty Plants organic garden and designed complementary, hands-on literacy activities.

Service

Psychology Graduate Student Representative, elected position (2014-2015).

Developmental Area Brown Bag speaker co-coordinator, appointed position (2013-2014).

Jacksonville Jaguars Mentoring Program (2008-2010). As an honors college student, I was able to mentor a local high school student at risk for academic failure through weekly meetings for tutoring, attending cultural events, and college preparation.

Fellowship

Chancellor's Distinguished Fellowship Award, University of California, Riverside, September 2012- June 2013

Scholarship

Florida Bright Futures Gold Scholar, 100% tuition paid (2008-2011)

University of North Florida Presidential Scholarship \$10,000 (2008-2011)

University of North Florida First Generation Scholar Scholarship (2009-2010)

Funding

Dissertation Grant Award 2016 (pending, up to \$800) from UC Riverside Graduate Division

Professional Affiliations

American Psychological Science, Student Member, 2013 – Present

Society for Research in Child Development, Student Member, 2015 – Present