

Emily Wu Shih, M.A.

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EDUCATION

University of California, Riverside – Riverside, CA
Doctoral Program in Developmental Psychology,
[2014 - Present]

California State University, Northridge - Northridge, CA
Masters of Arts in Experimental Psychology,
[2010 - 2012]

University of California, San Diego - La Jolla, CA
Bachelor of Science in Psychology,
[2006 - 2010]

CURRENT RESEARCH

My research interests are primarily centered on examining how children's early life experiences (e.g. family structure) influence later development including children's growing socioemotional functioning, cognition, psychophysiology, and psychopathology (e.g. anxiety).

RESEARCH EXPERIENCE

- Lab Manager (Dr. Elizabeth Davis) [2013 - 2014]
- Emotional Development and Regulation: how children regulate emotions and how it relates to their personal experiences and the biological, psychological, and social areas of their lives.
- Research Assistant (Dr. Sun-Mee Kang) [2010 - 2012]
- The Effects of Gender and Media on Male Affinity for Children: We assessed whether raters would make more accurate judgments when viewing videos of target males than photographs and women would more accurately predict men's interest in infants than men.
- Research Assistant (Dr. Gail Heyman) [2009 - 2010]
- Social Cognitive Development: perspective taking and how this development varies in relation to culture by testing working memory and inhibitory control in hopes to uncover a possible relationship between those with promising working memory and inhibitory control abilities to better perspective taking.

FELLOWSHIPS AND AWARDS

UCR Graduate Research Mentorship Program Award Fellowship, 2016 (Awarded \$5100).

TEACHING EXPERIENCE

Pedagogical Aide – CSU Northridge: *Research Methods and Lab* Fall Semester 2010
Fall Semester 2011
Pedagogical Aide – UC Riverside: *Introductory Psychology* Fall Quarter 2015
Spring Quarter 2016
Pedagogical Aide – UC Riverside: *Psych Methods: Statistics* Summer 2016

CONFERENCE PRESENTATIONS

- Shih, E. W.**, & Davis, E. L. (May 2016). Individual Differences in Psychophysiological Recovery moderate the Link between Parents' Emotion Socialization and Children's Anxiety Symptoms. Poster session presented at: 28th Annual Association for Psychological Science Convention, Chicago, IL.
- Nekkanti, A., Parsafar, P., **Shih, E. W.**, Sillars, A., Nicolaidis, C., Bishara, L., Witcher, L., Broom, N., Tools for Peace, & Davis, E. L. (May 2016). Mindfulness improves youths' emotional awareness by increasing emotion regulation. Poster session presented at: 28th Annual Association for Psychological Science Convention, Chicago, IL.
- Nekkanti, A., Parsafar, P., Nicolaidis, C., **Shih, E. W.**, Sillars, A., Bishara, L., Witcher, L., Price, J., Broom, N., Tools for Peace, & Davis, E. L. (April 2016). Mindfulness meditation training increases cognitive control and emotion regulation and decreases school avoidance for youth. Poster session presented at: 96th Annual Western Psychological Association Convention, Long Beach, CA.
- Nekkanti, A., Parsafar, P., **Shih, E. W.**, Sillars, A., Nicolaidis, C., Bishara, L., Witcher, L., Broom, N., Tools for Peace, & Davis, E. L. (February 2016). Mindfulness meditation training at a summer camp improves youths' stress management and coping self-efficacy. Poster session presented at: Bridging the Hearts and Minds of Youth Conference, San Diego, CA.
- Shih, E. W.**, & Davis, E. L. (September, 2015). Parental Provision of Emotion Regulation Strategies Promotes RSA Flexibility. Poster presented at the 55th Annual Meeting of the Society for Psychophysiological Research, Seattle, WA.
- Shih, E. W.**, & Davis, E. L. (March, 2015). Children's Physiology During Disappointment: Parents' Provision of Specific Emotion Regulation Strategies Supports RSA Reactivity. Poster presented at the 2015 Biennial Meeting of the Society for Research in Child Development, Philadelphia, PA.
- Shih, E. W.**, Parsafar, P., Price, J., Witcher, L., Stoner, M., & Davis, E.L. (March, 2015). Does Learning to Meditate Impact How Teens Regulate? Socio-Emotional Benefits of a Week Long Mindfulness-Based Summer Camp. Poster presented at the 2015 Biennial Meeting of the Society for Research in Child Development, Philadelphia, PA.
- Shih, E. W.**, Parsafar, P., Price, J., Witcher, L., Stoner, M., Davis, E.L. (February, 2015). The Biobehavioral Effects of Mindfulness Training at an Adolescent Summer Camp. Poster presented at the Bridging the Hearts and Minds of Youth Conference, San Diego, CA.
- Shih, E. W.**, Quinones-Camacho, L., Valiente, G., & Davis, E. L. (September, 2014). Children's Physiological Reactions to Disappointment: Social Context and Parents' Emotion Regulation Relate to RSA Reactivity. Poster presented at the 54th Annual Meeting of the Society for Psychophysiological Research, Atlanta, GA.
- Quinones-Camacho, L., **Shih, E. W.**, Valiente, G., & Davis, E. L. (September, 2014). Individual Differences in RSA Reactivity Relate to Emotion Regulation Strategy use in Childhood. Poster presented at the 54th Annual Meeting of the Society for Psychophysiological Research, Atlanta, GA.
- Shih, E. W.**, Tadler, D.L., & Kang, S. (January, 2012). The Effects of Gender and Media on Male Affinity for Children. Poster presented at the 13th Annual Meeting of the Society for Personality and Social Psychology Conference, San Diego, CA.
- Tadler, D. L., **Shih, E. W.**, & Kang, S. (January, 2012) In-group Advantage in Deception Detection. Poster presented at the 13th Annual Meeting of the Society for Personality and Social Psychology Conference, San Diego, CA.
- Shih, E. W.**, Tadler, D. L., & Kang, S. (April, 2012). The Effects of Gender and Media on Male Affinity for Children. Poster presented at the 92nd Annual Meeting of the Western Psychological Association Conference, San Francisco, CA.
- Tadler, D. L., **Shih, E. W.**, & Kang, S. (April, 2012). In-group Advantage in Deception Detection. Poster presented at the 92nd Annual Meeting of the Western Psychological Association Conference, San Francisco, CA.

PUBLICATIONS

CONFERENCE SYMPOSIA

Shih, E. W., Bishara, L., Parsafar, P., Nicolaides, C., Sillars, A., Nekkanti, A., Price, J., Witcher, L., & Davis, E. L. (February 2016) The Effects of Mindfulness Meditation on Youth's Socioemotional Functioning and Psychophysiology. Symposium presented at the 2016 Annual Meeting of UC San Diego School of Medicine's Bridging the Hearts and Minds of Youth, San Diego, CA.

Davis, E. L., Quinones-Camacho L., & **Shih, E. W.** (September 2014) The Psychophysiology of Self-Regulation from Infancy to Late Childhood. Symposium presented at the 54th Annual Meeting of the Society for Psychophysiological Research, Atlanta, GA.